





# August

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Menu subject to change without notice! All meals served with FF or Skim milk! <b>Chef Salad (7-12) or PBJ, Ham, or Turkey sandwiches available Monday – Thursday as an alternate to the main entrée. These sandwiches can also be purchased a la carte.</b>	
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<b>24</b> Cereal (110) Toast (70) Fruit/Juice (60) ----- Cheeseburger WG Bun (265) Fries (87) Pineapple (70)	<b>25</b> Sausage & Cheese Biscuit ( ) Fruit/Juice (60) ----- Soft Beef Taco (277) Tomato, Lettuce, Cheese (84) Refried Beans (110) Strawberries (24)	<b>26</b> Raisin Toast w/Hard Boiled Egg (158) Hash Brown Fruit/Juice (60) ----- Chicken Nuggets (230) Cheesy Potatoes (70) Peaches (60)	<b>27</b> Biscuit & Gravy (273) Juice (60) Fruit/Juice (60) ----- Pepperoni Pizza (229) Garden Salad w/ Ranch (110) Apple (95)	<b>28</b> Pancakes w/syrup (140) Bacon (40) Cereal (110) Fruit/juice (60) ----- Open Face Chicken Sandwich (179) Mashed Potatoes (110) Tropical Fruit (60)
<b>31</b> Egg & Cheese Bagel (185) Fruit/Juice (60) ----- Chicken Patty/WG Bun (140) Green Beans ( 25) Pears (60)				






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# SEPTEMBER

# 2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Chef Salad (7-12) or PBJ, Ham, or Turkey sandwiches available Monday - Thursday as an alternate to the main entrée.</p>	<p><b>1</b> Sausage on a stick (230) Fruit/Juice(60) Cereal (110) ----- Soft Chicken Taco(277) Lettuce/Cheese(84) Refried Beans(40) Pineapple(50)</p>	<p><b>2</b> Hash Brown Casserole (240) Juice (60) Cereal (110) ----- Stromboli (231) Green Beans (20) Peaches (60)</p>	<p><b>3</b> Biscuit-N-Gravy (273) Fruit/Juice (60) Cereal (110) ----- Hot Dog (170) Carrots W/Ranch (41) Crisp Apple (95)</p>	<p><b>4</b> Cinnamon Roll / Ham (395) Fruit/Juice (60) Cereal (110) ----- Spaghetti w/ Meat Sauce (272) Garden Salad (100) Dressing (90) Breadstick (100) Banana (105)</p>
<p><b>7</b></p> 	<p><b>8</b> Sausage on a stick (230) Fruit/Juice (60) Cereal (110) ----- Crunchy Beef Taco (299) Lettuce/Cheese (84) Refried Beans (110) Grapes (31)</p>	<p><b>9</b> Hash Brown Casserole (240) Juice (60) Cereal (110) ----- PB&amp;J Sandwich (300) Cheese Stick Fresh Broccoli (101) Cantaloupe (23)</p>	<p><b>10</b> Biscuit-N-Gravy (273) Fruit/Juice (60) Cereal (110) ----- Ravioli (250) Buttered Corn (70) Tropical Fruit (60)</p>	<p><b>11</b> Cinnamon Roll /Ham (395) Fruit/Juice (60) Cereal (110) ----- Chicken Parmesan Sandwich (315) Green Beans (20) Strawberries (24)</p>
<p><b>14</b> Fruit Parfait/Granola (240) Juice (60) Cereal (110) ----- Cheeseburger/WG Bun (265) French Fries (57) Oranges (45)</p>	<p><b>15</b> Sausage on a stick (230) Fruit/Juice (60) Cereal (110) ----- Cheesy Burrito (281) Corn Salsa (156) Peaches (60)</p>	<p><b>16</b> Hash Brown Casserole (240) Juice (60) Cereal (110) ----- Chicken Patty <b>OR Spicy</b> Chicken Patty/WG Bun (281) Buttered Carrots (24) Applesauce (50)</p>	<p><b>17</b> Biscuit-N-Gravy (273) Fruit/Juice (60) Cereal (110) ----- Grilled Cheese (278) Tomato Soup (100) Celery sticks w/Ranch (86) Watermelon (25)</p>	<p><b>18</b> Cinnamon Roll /Ham (395) Fruit/Juice (60) Cereal (110) ----- Salisbury Steak (186) Mashed Potatoes (110) Hot Roll (90) Mixed Fruit (60)</p>
<p><b>21</b> Fruit Parfait/Granola (240) Juice (60) Cereal (110) ----- BBQ Chicken/WG Bun (280) French Fries (57) Peaches (60)</p>	<p><b>22</b> Sausage on a stick (230) Fruit/Juice (60) Cereal (110) ----- Super Nachos (156) Black Bean Salsa (156) Grapes (31)</p>	<p><b>23</b> Hash Brown Casserole (240) Juice (60) Cereal (110) ----- Pizza (270) Salad w/Ranch (190) Pears (60)</p>	<p><b>24</b> Biscuit-N-Gravy (273) Fruit/Juice (60) Cereal (110) ----- BBQ Rib/WG Bun (140) Applesauce (50) WG Cookie (90)</p>	<p><b>25</b> Cinnamon Roll /Ham (395) Fruit/Juice (60) Cereal (110) ----- <b>K-6</b> Chicken Nuggets (270) <b>7-12</b> Sweet N Sour Chicken/ Sauce (106/43) Rice/Egg Roll (95)3 Pineapple (70) Fortune Cookie (30)</p>
<p><b>28</b> Fruit Parfait/Granola (240) Juice (60) Cereal (110) ----- Grilled Chicken Patty/WG Bun (220) Broccoli&amp; Cheese (110) Applesauce Cup (60)</p>	<p><b>29</b> Sausage on a stick (230) Fruit /Juice (60) Cereal (110) ----- Crispito (200) Texas Pinto Beans (145) Strawberries (24)</p>	<p><b>30</b> Hash Brown Casserole (240) Juice (60) Cereal (110) ----- Meatball Sub (236) Corn (25) Apple (95)</p>	<p><b>Menu is subject to change without notice.</b> "This institution is an equal opportunity provider."</p>	



# October 2020

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><b>Menu subject to change without notice!</b> All meals served with FF or Skim milk! <b>Chef Salad (7-12), PBJ, Ham, or Turkey sandwiches available Monday - Thursday as an alternate to the main entrée. These sandwiches can also be purchased a la carte</b></p>		<p><b>1</b> Biscuit &amp;Gravy (273) Cereal w/Toast (100/70) Fruit (60) Juice (60)</p> <hr/> <p>Buffalo Chicken Pizza (241) Garden Salad/Dressing (10/90) Strawberries (24)</p>	<p><b>2</b> Pancakes &amp; Bacon (134/20) Cereal w/Toast (100/70) Fruit (60) Juice (60)</p> <hr/> <p>Chicken Alfredo (344) Broccoli (27) Pears (60)</p>
<p><b>5</b> WG Pop Tart (210) Cereal w/Toast (110/70) Fruit (60) Juice (60)</p> <hr/> <p>Chicken Patty/WG Bun (281) Carrots (240) Spiced apples (50)</p>	<p><b>6</b> Breakfast Pizza (218) Cereal (100) Fruit (60) Juice (60)</p> <hr/> <p><b>NEW ITEM</b> <b>Pizza Nachos</b> (282) Lettuce/Cheese (84) Refried Beans (40) Apple (95)</p>	<p><b>7</b> Oatmeal &amp; Raisins (129) Cereal (100) Fruit (60) Juice (60)</p> <hr/> <p>Spaghetti w/Meatballs (240) Garden Salad/Ranch (100) Orange (45)</p>	<p><b>8</b> Biscuit &amp;Gravy (273) Cereal w/Toast (100/70) Fruit (60) Juice (60)</p> <hr/> <p><b>NEW ITEM</b> <b>FRENCH DIP SANDWICH</b> (358) Green Beans (20) Applesauce (50)</p>	<p><b>9</b> Pancakes &amp; Sausage (134/82) Cereal w/Toast (100/70) Fruit (60) Juice (60)</p> <hr/> <p>Meatloaf (195) Mashed Potatoes/Gravy (110/35)265z Buttered Corn (70) Banana (105)</p>
 <p><b>National</b></p>	<p><b>13</b> Breakfast Pizza (218) Cereal (100) Fruit (60) Juice (60)</p> <hr/> <p>Crispito w/ Cheese (200) <b>Cowboy Beans</b> (141) Strawberries (24)</p> <p><b>School</b></p>	<p><b>14</b> <b>NEW ITEM</b> <b>Cheddar &amp; Ham Muffin</b> (209) Cereal (100) Fruit (60) Juice (60)</p> <hr/> <p>Popcorn Chicken (230) Macaroni &amp; Cheese (260) Carrot Sticks (24) Apple (95)</p> <p><b>Lunch</b></p>	<p><b>15</b> Biscuit &amp;Gravy (273) Cereal w/Toast (100/70) Fruit (60) Juice (60)</p> <hr/> <p>Chicken Quesadilla (200) Spanish Rice (69) Tropical Fruit (60)</p> <p><b>Week</b></p>	<p><b>16</b> Pancakes &amp; Sausage (134/82) Cereal w/Toast (100/70) Mixed Fruit (60) Juice (60)</p> <hr/> <p>Chili w/ Cheese Stick (107/110) Celery (6) Banana (105) Crackers (80)</p>
<p><b>19</b> WG Pop Tart (210) Cereal w/Toast (100/70) Fruit (60) Juice (60)</p> <hr/> <p>Corn Dog (180) Baked Beans (150) Pears (60)</p>	<p><b>20</b> Breakfast Pizza (218) Cereal (100) Fruit (60) Juice (60)</p> <hr/> <p>Cheeseburger/WG Bun (265) Fries (87) Orange (45)</p>	<p><b>21</b> Oatmeal &amp; Raisins (129) Cereal (129/100) Apple (95) Juice (60)</p> <hr/> <p>Grilled Chicken/WG Bun (220) Cauliflower w/Cheese (111) Strawberries (24)</p>	<p><b>22</b> Biscuit &amp;Gravy (273) Cereal w/Toast (100/70) Fruit (60) Juice (60)</p> <hr/> <p>Turkey/Cheese Munchable (271) Broccoli/Ranch (101) Banana (105) Sidekick (90)</p>	<p><b>23</b> Pancakes &amp; Sausage (134/82) Cereal w/Toast (100/70) Mixed Fruit (60)</p> <hr/> <p>Lasagna (269) Corn (10) Peaches (60) Garlic Bread (105)</p>
<p><b>26</b> WG Pop Tart (210) Cereal w/Toast (100/70) Fruit (60) Juice (60)</p> <hr/> <p>Chili Dog on Bun (290) Carrots (24) Fresh Fruit (105)</p>	<p><b>27</b> Breakfast Pizza (218) Cereal (100) Fruit (60) Juice (60)</p> <hr/> <p>Super Nachos (156) Texas Pintos (145) Fresh Fruit (105)</p> 	<p><b>28</b> Oatmeal &amp; Raisins (129) Cereal w/Toast (100/70) Fruit (60) Juice (60)</p> <hr/> <p>Chicken Nuggets (270) Mashed Potato w/ Gravy (110/35) Peaches (60) Roll (90)</p>	<p><b>29</b> Biscuit &amp;Gravy (273) Cereal w/Toast (110/70) Fruit (60) Juice (60)</p> <hr/> <p>PB&amp;J (300) Cheese Stick (110) Broccoli/Ranch (101) Apple (95)</p>	 <p><b>NO SCHOOL</b></p>

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# November

2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b> Sausage on Stick w/Syrup (190/20) Fruit (60) Juice (60) Cereal (110)</p> <hr/> <p>Cheeseburger/WG Bun (385) Tater Gems (160) Peaches (59)</p>	<p><b>3</b> Cheese Omelet w/toast (180/70) Hash Brown (143) Juice (60) Cereal (110)</p> <hr/> <p><b>NEW ITEM</b> Chicken Nacho w/ Queso Cheese (320) Green Beans (25) Pears (60)</p>	<p><b>4</b> <b>NEW ITEM</b> Chocolatized French Toast w/syrup (291) Fruit (60) Juice (60) Cereal (110)</p> <hr/> <p>Grilled Cheese (278) Tomato Soup (105) Broccoli w/ ranch (101) Grapes (31)</p>	<p><b>5</b> Biscuit &amp; Sausage Gravy (273) Juice (60) Cereal (110)</p> <hr/> <p>Baked Chicken (241) Buttered Corn (70) Applesauce (50) Roll (90)</p>	<p><b>6</b> Cinnamon Roll (190) Fruit (60) Juice (60) Cereal (110)</p> <hr/> <p>Spaghetti (270) Garden Salad w/ranch (100) Banana (105)</p>
<p><b>9</b> Sausage on/ Stick w/ Syrup (190/20) Fruit (60) Juice (60) Cereal (110)</p> <hr/> <p>Wiener Winks (310) Peas (59) Apple (95)</p>	<p><b>10</b> Cheese Omelet w/toast (180/70) Hash Brown (143) Juice (60) Cereal (110)</p> <hr/> <p>Chicken Patty/WG (281) Cauliflower (20) Strawberries (24)</p>	<p><b>11 VETERANS DAY</b> Biscuit &amp; Sausage Gravy (273) Fruit (60) Juice (60) Cereal (110)</p> <hr/> <p>Hot Ham &amp; Cheese (270) Carrots w/ranch (41) Grapes (31)</p>	<p><b>12</b> French Toast w/syrup (190/20) Juice (60) Cereal (110)</p> <hr/> <p>Chili w/crackers (107) Cheese stick (110) Celery w/ ranch (76) Orange (45)</p>	<p><b>13</b> Cinnamon Roll (190) Fruit (60) Juice (60) Cereal (110)</p> <hr/> <p>Beef Stroganoff (250) Peas (59) Peaches (60)</p>
<p><b>16</b> Sausage on/ Stick w/ syrup (190/20) Fruit (60) Juice (60) Cereal (110)</p> <hr/> <p>Pepperoni Pizza (270) Garden Salad (10) Dressing (90) Orange (45)</p>	<p><b>17</b> Cheese Omelet w/toast (180/70) Hash Brown (143) Juice (60) Cereal (110)</p> <hr/> <p>Walking Taco (299) Lettuce, Cheese (84) Mexican Corn (80) Grapes (31)</p>	<p><b>18</b> French Toast w/syrup (190/20) Juice (60) Cereal (110)</p> <hr/> <p>Ravioli (250) Green Beans (20) Tropical Fruit (60)</p>	<p><b>19</b> Biscuit &amp; Sausage Gravy (273) Juice (60) Cereal (110)</p> <hr/> <p>Roasted Turkey (140) Mashed Potatoes w/ Gravy (110/35) Hot Roll (90) Gelatin Cup (35)</p>	<p><b>20</b> Cinnamon Roll (190) Fruit (60) Juice (60) Cereal (110)</p> <hr/> <p>Cheesy Chicken Casserole (290) Salad w/ ranch (100) Banana (105)</p>
<p><b>23</b> Sausage on/ Stick w/syrup 190/20) Juice (60) Cereal (110)</p> <hr/> <p>Popcorn Chicken (230) Cheesy Potatoes (70) Green Beans (25) Mixed Fruit (70)</p>	<p><b>24</b> Cheese Omelet w/toast (180/70) Hash Brown (143) Juice (60) Cereal (110)</p> <hr/> <p>PB&amp;J (300) Baby Carrots (41) Apple (95)</p>	<p><b>25</b></p> <p style="text-align: center;"><b>No School</b></p>	<p><b>26</b></p> <p style="text-align: center;"> Happy Thanksgiving!</p>	<p><b>27</b></p> <p style="text-align: center;"><b>No School</b></p>
<p><b>30</b></p> <p style="text-align: center;"><b>No School</b></p>	<p style="text-align: center;"></p>	<p>"This institution is an equal opportunity employer."</p>	<p>Menu subject to change without notice! All meals served with FF or Skim milk!</p>	<p><b>Chef Salad (7-12) or PBJ, Ham, or Turkey sandwiches available Monday – Thursday as an alternate to the main entrée. These sandwiches can also be purchased a la carte.</b></p>



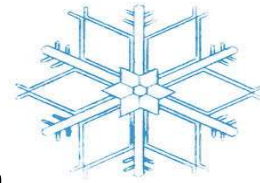
# December








Monday	Tuesday	Wednesday	Thursday	Friday
<p>Menu subject to change without notice! All meals served with FF or Skim milk! <b>Chef Salad/Potato Bar (7-12) or PB&amp;J, Ham, or Turkey sandwiches available Monday – Thursday as an alternate to the main entrée.</b> <b>These sandwiches can also be</b></p>	<p><b>1</b> Scrambled Egg (123) Biscuit (180) Juice (60) Cereal (110) Soft Beef Taco (277) Lettuce, Cheese (84) Black Bean Salsa (156) Peaches (60)</p>	<p><b>2</b> Breakfast Burrito w/ salsa (250) Juice (60) Cereal (110) Chicken Nuggets (270) Peas (59) Applesauce (50)</p>	<p><b>3</b> Biscuit &amp; Gravy (273) Juice (60) Cereal (110) Turkey Roll Wrap w/Cheese (273) Broccoli w/Ranch (101) Oranges (45)</p>	<p><b>4</b> Bagel w/Cream Cheese (280) Juice (60) Cereal (110) Mostaccioli (130) Salad w/ Ranch (100) Garlic Bread (105) Banana (105)</p>
<p><b>7</b> Sausage &amp; Cheese Muffin (180) Juice (60) Cereal (110) Popcorn Chicken (230) Green Beans (20) Mixed Fruit (60)</p>	<p><b>8</b> Scrambled Egg (123) Biscuit (180) Juice (60) Cereal (110) ----- <b>New Item</b> <b>Cheese Calzone (237)</b> Baked Beans (150) Grapes (31)</p>	<p><b>9</b> Breakfast Burrito (250) w/ Salsa (10) Juice (60) Cereal (110) ----- Scrambled Eggs (123) Sausage (82) Hash Brown (143) Spiced Apples (70)</p>	<p><b>10</b> Biscuit &amp; Gravy (273) Juice (60) Cereal (110) ----- Crunch Beef Taco (299) Refried Beans (40) Peaches (60)</p>	<p><b>11</b> Bagel w/ Cream Cheese (280) Juice (60) Cereal (110) ----- <b>New Item</b> <b>Taco Pizza (399)</b> Salad/Dressing (100) Banana (40)</p>
<p><b>14</b> Sausage &amp; Cheese Muffin (180) Juice (60) Cereal (110) ----- Corn dog (180) Baked Beans (150) Pears (50)</p>	<p><b>15</b> Scrambled Egg (123) Biscuit (180) Juice (60) Cereal (110) ----- Buffalo Chicken Patty w/WG Bun (157) Carrots (18) Grapes (31)</p>	<p><b>16</b> Breakfast Burrito (250) w/ Salsa (10) Juice (60) Cereal (110) ----- Sausage, Egg &amp; Cheese Biscuit (365) Emoji Smile Potatoes (150) Orange (45)</p>	<p><b>17</b> Biscuit &amp; Gravy (273) Juice (60) Cereal (110) <b>HOLIDAY MEAL</b> Pulled Pork (100) Au Gratin Potatoes (130) WG Roll (90) Applesauce (50)</p>	<p><b>18</b> Bagel w/Cream Cheese (280) Yogurt (90) Juice (60) Cereal (110) ----- Chicken Alfredo (344) Steamed Broccoli (27) Apple (95)</p>
<p><b>21</b> Sausage &amp; Cheese Muffin (180) Juice (60) Cereal (110) ----- Chicken Strips (270) Roasted Potatoes (120) Strawberries (24)</p>	<p><b>22</b> Scrambled Egg (123) Biscuit (190) Juice (60) Cereal (110) ----- PB&amp;J (300) Cheese Stick (110) Celery w/Ranch (76) Apple (95)</p>	<p><b>23</b></p> 	<p><b>24</b></p> 	<p><b>25</b></p> 
<p><b>28</b></p> <p><b>Christmas Break</b></p> <p><b>Thru January 1</b></p>	<p><b>29</b></p> 	<p><b>30</b></p>	<p><b>31</b></p>	<p><i>"This institution is an equal opportunity provider."</i></p>




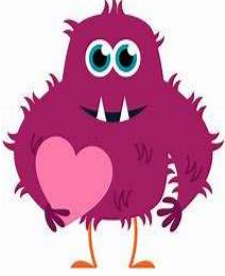


# January 2021



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Menu subject to change without notice! All meals served with FF or Skim milk!</p> <p><b>Chef Salad /Potato Bar (7-12) or PBJ, Ham, or Turkey sandwiches available Monday – Thursday as an alternate to the main entrée.</b></p> <p><b>These sandwiches can also be purchased a la carte.</b></p>	 <p><b>NO SCHOOL</b></p>	<p><b>NO SCHOOL</b></p> 	 <p><b>NO SCHOOL</b></p>	<p><b>1</b> <b>NO SCHOOL</b></p> 
<p><b>4</b> Cheese Omelet w/ Toast (180/70) Juice (60) Cereal (110)</p> <p>-----</p> <p>Open Face Turkey Sandwich (163) Green Beans (25) Pears (60)</p>	<p><b>5</b> Pancakes w/ Syrup (140) Juice (60) Cereal (110)</p> <p>-----</p> <p>Walking Taco (299) Lettuce, Cheese (84) Refried Beans (110) Peaches (60)</p>	<p><b>6</b> Sausage &amp; Cheese on English Muffin (180) Juice (60) Cereal (110)</p> <p>-----</p> <p>Chicken Noodle Soup (109) Ham &amp; Cheese Sandwich (270) Celery w/ Ranch (76) Orange (45)</p>	<p><b>7</b> Biscuit &amp; Gravy (273) Juice (60) Cereal (110)</p> <p>-----</p> <p>Chili Dog on Bun (290) Potato Wedges (93) Apple (95)</p>	<p><b>8</b> Strawberry Yogurt (210) Cereal (110) Juice (60)</p> <p>-----</p> <p>Cheesy Chicken w/ Noodles (230) Peas (59) Banana (105)</p>
<p><b>11</b> Cheese Omelet w/ Toast (180/70) Juice (60) Cereal (110)</p> <p>-----</p> <p>BBQ Chicken/WG Bun (197) Peas (59) Apple (95)</p>	<p><b>12</b> <b>NEW ITEM</b> <b>WAFFLE SANDWICH (331)</b> Juice (60) Cereal (110)</p> <p>-----</p> <p>Salisbury Steak (250) Mashed Potatoes/Gravy (110/35) Strawberries (24)</p>	<p><b>13</b> Sausage &amp; Cheese on English Muffin (180) Juice (60) Cereal (110)</p> <p>-----</p> <p>Chicken Patty/WG Bun (281) Steamed Broccoli (27) Peaches (60)</p>	<p><b>14</b> Biscuit &amp; Gravy (273) Juice (60) Cereal (110)</p> <p>-----</p> <p>Pancakes w/ Syrup (180) Sausage Patty (82) Hash Brown (143) Cooked Apples (40)</p>	<p><b>15</b> Strawberry Yogurt (210) Juice (60) Cereal (110)</p> <p>-----</p> <p>PB &amp; J Sandwich (300) Cheese Stick (110) Carrots w/Ranch (41) Orange (45)</p>
<p><b>18</b> <b>No School</b></p> 	<p><b>19</b> Chocolate Chip Pancakes w/ Syrup (285) Juice (60) Cereal (110)</p> <p>-----</p> <p>Ravioli (250) Corn (70) Mandarin Oranges (60)</p>	<p><b>20</b> Sausage &amp; Cheese on English Muffin (180) Juice (60) Cereal (110)</p> <p>-----</p> <p>Lasagna (269) Salad/Ranch (100) Pineapple (70)</p>	<p><b>21</b> Biscuit &amp; Gravy (273) Juice (60) Cereal (110)</p> <p>-----</p> <p>Pizza (283) Corn (70) Cucumbers (6) Mixed Fruit (60)</p>	<p><b>22</b> Strawberry Yogurt (210) Juice (60) Cereal (110)</p> <p>-----</p> <p><b>NEW ITEM</b> <b>Chicken Enchiladas Nachos (221)</b> Refried Beans (110) Banana (105)</p>
<p><b>25</b> <b>No School</b></p> <p><b>Teacher Work Day</b></p>	<p><b>26</b> Pancakes w/Syrup (308) Juice (60) Cereal (110)</p> <p>-----</p> <p>Super Nacho (146) Refried Beans (110) Clementines (24)</p>	<p><b>27</b> Sausage &amp; Cheese on English Muffin (180) Juice (60) Cereal (110)</p> <p>-----</p> <p>BBQ Z-Rib/ WG Bun (140/120) Sautéed Carrots (30) Tropical Fruit (60)</p>	<p><b>28</b> Biscuit &amp; Gravy (273) Juice (60) Cereal (110) Chicken Pot Pie (300) Green Beans (25) Pineapple (70)</p>	<p><b>29</b> Strawberry Yogurt (210) Juice (60) Cereal (110)</p> <p>-----</p> <p>Spaghetti w/ meat sauce (272) Salad w/Ranch (100) Orange (45)</p>

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# FEBRUARY 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Menu subject to change without notice!</p> <p>All meals served with FF or Skim milk!</p> <p><b>Chef Salad or Baked Potato (7-12) or PBJ, Ham, or Turkey sandwiches available Monday – Thursday as an alternate to the main entrée. These sandwiches can also be purchased a la carte.</b></p>				
<p><b>1</b> Scrambled Eggs/Biscuit (123) Juice (60) Cereal (110)</p> <hr/> <p>Chicken Patty/WG Bun (281) Carrots (70) Apple (95)</p>	<p><b>2</b> Hash Brown Casserole (240) Juice (60) Cereal (110)</p> <hr/> <p>Cheeseburger/WG Bun (265) Fries (120) Strawberries (24)</p>	<p><b>3</b> Waffle w/ syrup (300) Juice (60) Cereal (110)</p> <hr/> <p>Oven Baked Chicken (241) Peas (59) Mixed Fruit (60)</p>	<p><b>4</b> Biscuit-n-Gravy (273) Juice (60) Cereal (110)</p> <hr/> <p>Chili (107) Cheese Stick (290) Cucumbers w/Ranch (101) Pears (60)</p>	<p><b>5</b> Toast (70) Oatmeal (158) Juice (60) Cereal (110)</p> <hr/> <p><b>NEW ITEM</b> <b>Buffalo Chicken Nachos (320)</b> Refried Beans (110) Banana (105)</p>
<p><b>8</b> Scrambled Eggs w/Biscuit (123) Juice (60) Cereal (110)</p> <hr/> <p>BBQ Chicken/WG Bun (120) Green Beans (25) Applesauce (50)</p>	<p><b>9</b> Bagel w/Cream Cheese (280) Juice (60) Cereal (110)</p> <hr/> <p><b>NEW ITEM</b> <b>Coney Dog/ WG Bun (232)</b> Baked Beans (150) Oranges (45)</p>	<p><b>10</b> Waffle w/Syrup (285) Juice (60) Cereal (110)</p> <hr/> <p>BBQ Rib/WG Bun (218) Cauliflower (20) Pears (60)</p>	<p><b>11</b> Biscuit-n-Gravy (273) Juice (60) Cereal (110)</p> <hr/> <p>Popcorn Chicken (230) Peas (70) Dinner Roll (90) Peaches (60)</p>	<p><b>12</b> Toast (70) Oatmeal (158) Juice (60) Cereal (110)</p> <hr/> <p>PB&amp;J (300) Carrots w/Ranch (41) Banana (105)</p> 
<p><b>15</b> <b>NO SCHOOL</b></p> 	<p><b>16</b> Bagel w/Cream Cheese (280) Juice (60) Cereal (110)</p> <hr/> <p>Sweet &amp; Sour Chicken (163) Rice (170) Pineapple (70) Eggroll (180)</p>	<p><b>17</b> Waffle w/syrup (300) Juice (60) Cereal (110)</p> <hr/> <p>Cheese Pizza (290) Green Beans (25) Mixed Fruit (60)</p> <p><b>Lent Begins</b></p>	<p><b>18</b> Biscuit-n-Gravy (273) Juice (60) Cereal (110)</p> <hr/> <p>Chicken Nuggets (270) Buttered Potatoes (120) Dinner Roll (196) Orange (45)</p>	<p><b>19</b> Toast (70) Oatmeal (158) Juice (60) Cereal (110)</p> <hr/> <p>Fish Square (170) Tater Tots (160) Pears (60)</p>
<p><b>22</b> Scrambled Eggs w/Biscuit (123) Juice (60) Cereal (110)</p> <hr/> <p>Chicken &amp; Waffles (388) Carrots (24) Peaches (60)</p>	<p><b>23</b> Hash Brown Casserole (240) Juice (60) Cereal (110)</p> <hr/> <p><b>NEW ITEM</b> <b>PIZZA GRILLED CHEESE SANDWICH (282)</b> Tomato Soup (105) Cucumbers/Ranch (104) Mixed Fruit (60)</p>	<p><b>24</b> Waffle w/syrup (300) Juice (60) Cereal (110)</p> <hr/> <p>Beef Taco (299) Black Bean Salsa (110) Orange (45)</p>	<p><b>25</b> Biscuit &amp; Gravy (273) Juice (60) Cereal (110)</p> <hr/> <p>Pancakes (180) Sausage (82) Hash Brown (143) Cinnamon Apples (40)</p>	<p><b>26</b> Toast (70) Oatmeal (158) Juice (60) Cereal (110)</p> <hr/> <p><b>NEW ITEM</b> <b>CHEESY PULLAPARTS (280)</b> Corn (70) Banana (105)</p>

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# MARCH

# 2021






Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Hard Boiled Egg w/ Raisin Toast (158) Juice (60) Cereal (110) Toast (70) Coney dog/WG Bun (232) Baked Beans (150) Strawberries (24)	<b>2</b> Bagel w/Cream Cheese (280) Juice (60) Cereal (110) Toast (70) Chicken Nuggets (270) Sautéed Carrots (24) Buttered Noodles (192) Applesauce (50)	<b>3</b> Cinnamon Roll (215) Juice (60) Cereal (110) Toast (70) Buffalo Chicken Pizza (270) Green Beans (25) Mandarin Oranges (24)	<b>4</b> Biscuits & Gravy (273) Toast (70) Cereal (110) Juice (60) <b>NEW ITEM</b> <b>Ham &amp; Cheese Calzone</b> (303) Peas (59) Pears (60)	<b>5</b> Green Eggs (123) Ham (60) Juice (60) Cereal (110) Pizza Munchable (290) Cucumbers (6) Banana (95)
<b>8</b> Hard Boiled Egg w/ Raisin Toast (158) Cereal (110) Toast (70) ----- BBQ Rib/ WG Bun (170) Fries (57) Orange (45)  <b>National</b>	<b>9</b> Bagel w/Cream Cheese (280) Juice (60) ----- Popcorn Chicken (230) Peas (70) Dinner Roll (90) Peaches (60)	<b>10</b> Cinnamon Roll (215) Juice (60) Cereal (110) Toast (70) ----- Pancakes w/Syrup (180) Sausage Patty (82) Hash Brown (143) Pears (60)  <b>Breakfast</b>	<b>11</b> Biscuit & Gravy (273) Juice (60) Cereal (110) Toast (70) ----- Sausage Pizza (280) Salad w/Ranch (100) Peaches (60)	<b>12</b> French Toast Sticks w/syrup (303) Juice (60) Cereal (110) Toast (70) ----- <b>NEW ITEM</b> <b>NACHO FISH STICK</b> (170) Tater Tots (141) Apple (95)  <b>Week</b>
<b>15</b>  <b>No School</b>  <b>Teacher Work Day</b>	<b>16</b> Bagel w/Cream Cheese (280) Juice (60) ----- BBQ Pork/WG Bun (234) fries (57) Applesauce (50)	<b>17</b> Cinnamon Roll (215) Juice (60) Cereal (110) Toast (70) ----- Crispito w/cheese (200) Texas Pintos (145) Gelatin w/fruit (50)	<b>18</b> Biscuit & Gravy (273) Juice (60) Cereal (110) Toast (70) ----- Sweet & Sour Chicken (163) Rice (170) Pineapple (70) Egg Roll (180)	<b>19</b> <b>NEW ITEM</b> <b>Breakfast Nachos</b> <b>245juice 60 cereal 110 toast 70</b> Orange (45) Cheese Pizza (290) Salad w/Ranch (100) Orange (45)
<b>22</b> Hard Boiled Egg w/Raisin Toast (158) Juice (60) Cereal (110) Toast (70) ----- Corndog/WG Bun (180) Corn 70Mixed Fruit (60)	<b>23</b> Bagel w/ Cream Cheese (280) Juice (60) <b>NEW ITEM</b> <b>PIZZA SUPREME NACHOS (329)</b> Black Bean Salsa (156) Orange (45)	<b>24</b> Cinnamon Roll (215) Juice (60) Cereal (110) Toast (70) ----- Chicken Patty/WG Bun (260) Green Beans (25) Mixed Fruit (60)	<b>25</b> Biscuit & Gravy (273) Juice (60) Cereal (110) Toast (70) ----- <b>Holiday Meal</b> Ham (60) Mashed Potatoes w/gravy (145) Hot Roll (60) Fruit (50)	<b>26</b> French Toast Sticks w/syrup (303) Juice (60) Cereal (110) Toast (70) ----- PB & J Sandwich (300) Cheese Stick (110) Carrots w/Ranch (41) Banana (95)
<b>29</b>  <b>No School</b>	<b>30</b>  <b>No School</b>  	<b>31</b>  <b>No School</b>  <u><b>NO BAKED POTATOES FOR THE REST OF THE YEAR.</b></u>  	Menu is subject to change without notice!! All meals are served with FF or Skim Milk! Chef Salad (7-12) or PB&J, Ham, or Turkey sandwiches are available Monday-Thursday. These sandwiches can also be purchased ala carte.	 <b>On Friday during Lent, Tuna Salad or PB&amp;J are an additional option. HS only</b>

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# 2021

<p>Menu subject to change without notice! All meals served with FF or Skim milk! <b>Chef Salad (7-12) or PBJ, Ham, or Turkey sandwiches available Monday – Thursday as an alternate to the main entrée. These sandwiches can also be purchased a la carte.</b> <b>NO BAKED POTATOES</b></p>		<p><b>1</b> Cheese Omelet (110) Bacon (20) Juice (60) Cereal (110) Toast (70)</p> <hr/> <p>Cheeseburger/WG Bun (265) Fries (87) Apple (95)</p>	<p><b>2</b> Biscuit &amp; Sausage Gravy (273) Juice (60) Cereal (110) Toast (70)</p> <hr/> <p><b>Holiday Meal</b> Turkey (90) Hot Roll (60) Corn (70) Pineapple (70)</p>	<p><b>3</b> Cinnamon Roll (215) Juice (60) Cereal (110) Toast (70)</p> <hr/> <p>Fish (170) Tater Tots (141) Banana (105)</p>
<p><b>6</b> Breakfast Pizza (188) Juice (60) Cereal (110) Toast (70)</p> <hr/> <p>Chicken Patty/ WG Bun (260) Peas (70) Pears (60)</p>	<p><b>7</b> Sausage/Cheese on English Muffin (180) Juice (60) Cereal (110) Toast (70)</p> <hr/> <p>Crunchy Beef Taco (184) Cheese/Lettuce (84) Refried Beans (110) Applesauce (105)</p>	<p><b>8</b> Cheese Omelet (110) Juice (60) Cereal (110) Toast (70)</p> <hr/> <p><b>PB&amp;J (300)</b> Cheesestick (110) Broccoli w/Ranch (109) Banana (105)</p>	<p><b>9</b> <b>No School</b> </p>	<p><b>10</b> </p>
<p><b>13</b> <b>No School</b> </p>	<p><b>14</b> <b>No School</b> </p>	<p><b>15</b> Chocolate Chip Pancakes w/syrup (285) Juice (60) Cereal (110) Toast (70)</p> <hr/> <p>Spaghetti and Meatball (230) Corn (70) Apple (95)</p>	<p><b>16</b> Biscuit &amp; Sausage Gravy (273) Juice (60) Cereal (110) Toast (70)</p> <hr/> <p>Mac &amp; Cheese (197) Carrots (24) Strawberries (24)</p>	<p><b>17</b> Cinnamon Roll (215) Juice (60) Cereal (110) Toast (70) Crispito (200) Garden Salad w/ Ranch (100) Peaches (60)</p>
<p><b>20</b> Breakfast Pizza (188) Juice (60) Cereal (110) Toast (70) Popcorn Chicken (230) Green Beans (25) Orange (45)</p>	<p><b>21</b> Sausage/Cheese on English Muffin (180) Juice (60) Cereal (110) Toast (70)</p> <hr/> <p>Walking Taco (265) Cheese/Lettuce (84) Refried Beans (110) Apple (95)</p>	<p><b>22</b> Cheese Omelet (110) Juice (60) Cereal (110) Toast (70)</p> <hr/> <p>Cheeseburger/WG Bun (265) French Fries (87) Peaches (60)</p>	<p><b>23</b> Biscuit &amp; Sausage Gravy (273) Juice (60) Cereal (110) Toast (70)</p> <hr/> <p>Pretzel w/ Cheese (248) Salad w/Ranch (100) Banana (105)</p>	<p><b>24</b> Cinnamon Roll (215) Sausage (82) Juice (60) Cereal (110) Toast (70)</p> <hr/> <p><b>NEW ITEM</b> Grilled Chicken/WG Bun (220) Mozzerella Bites (160) Mixed Fruit (60)</p>
<p><b>27</b> Breakfast Pizza (188) Juice (60) Cereal (110) Toast (70)</p> <hr/> <p>Chicken Patty/WG Bun (260) Green Beans (25) Applesauce (50)</p>	<p><b>28</b> Sausage/Cheese on English Muffin (180) Juice (60) Cereal (110) Toast (70)</p> <hr/> <p>Soft Chicken Taco (277) Spanish Rice (60) Pears (69)</p>	<p><b>29</b> Cheese Omelet (110) Juice (60) Cereal (110) Toast (70) Chicken Nuggets (270) Corn (70) Strawberries (24)</p>	<p><b>30</b> Biscuit &amp; Gravy (273) Juice (60) Cereal (110) Toast (70) Meatball Sub (239) Broccoli w/Cheese (60) Orange (45)</p>	

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# MAY 2021



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> WG Pop tart (210) Cereal (110) Juice (60) <hr/> Sweet & Sour Chicken (163) Rice (170) Egg Roll (180) Pineapple (70)	<b>4</b> Scrambled Egg (123) Sausage (82) Cereal (110) Juice (60) Toast (70) <hr/> Toasted Ravioli (250) Mixed Vegetables (55) Blueberries (85)	<b>5</b> Waffle w/syrup (300) Sausage (82) Cereal (110) Juice (60) <hr/> Open Faced Chicken Sandwich (163) Corn (70) Plums (50)	<b>6</b> Biscuit & Gravy (273) Juice (60) Cereal (110) Toast (70) <hr/> Pizza (280) Salad w/Ranch (100) Strawberries (24)	<b>7</b> Hash Brown Casserole (240) Cereal (100) Juice (60) <hr/> Cheeseburger/WG Bun (265) French Fries (87) Banana (105)
<b>10</b> Waffle w/syrup (300) Juice (60) Cereal (110) <hr/> Soft Chicken Taco (277) Refried Beans Cherries	<b>11</b> Ham/Egg English Muffin Juice (60) Cereal (110) ----- PBJ Sandwich (300) Cheese Stick (110) Carrots w/Ranch Mixed Fruit (60)			
Menu subject to change without notice!  All meals served with FF or Skim milk!  <b>Chef Salad (7-12) or PBJ, Ham, or Turkey sandwiches available Monday – Thursday as an alternate to the main entrée. These sandwiches can also be purchased a la carte.</b>				

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