

NOVEMBER 2024

Menu subject to change without notice!
 Daily Breakfasts include Cereal and Juice.
 All meals served with FF or Skim Milk.

BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cinnamon Roll (215) Sausage (82) Cherry Wiggles (90)
4	5 National Donut Day! NEW ITEM!!!! Chocolate Donut Bites (300) Juice (60)	6 Bacon Egg and Cheese Burrito w/ Salsa (250) Apple Slices (30)	7 Biscuits and Gravy (273) Juice (60)	8 Honey Bun Roll (230) Bacon (82) Peaches and Cream Parfait (100)
11	12 Biscuits and Gravy (273) Juice (60)	13 Egg and Cheese Muffin (190) Sausage (82) Pineapple Tidbits Fruit Cup (60)	14 Cheese Omelet w/ Toast (180/70) Hashbrown (143) Juice (60)	15 NEW ITEM!!!! Very Berry Bagel Sausage (82) Strawberry Wiggles (80)
18 Pirate Academy Day! Caramel Mini Cinnis (140) Pineapple Mango Banana Smoothie Bowls (120)	19 Bacon Egg and Cheese Biscuit (365) Juice (60)	20 Sausage Egg and Cheese Burrito w/ Salsa (250) Apple Slices (30)	21 Biscuits and Gravy (273) Juice (60)	22 Chocolate Chocolate Chip Muffin (190) Bacon (82) Cherry Mixed Fruit Cup (70)
25 Cinnamon Toast Crunch Muffin (300) Bacon (82) Juice (60)	26 Pumpkin Bread (260) Sausage (82) Juice (60)	27 NO SCHOOL THANKSGIVING BREAK	28 NO SCHOOL THANKSGIVING BREAK	29 NO SCHOOL THANKSGIVING BREAK

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Chef Salad (7-12) or PBJ, Ham or Turkey sandwiches available

Tuesday-Thursday as an alternate entrée. These sandwiches can also be purchased a la carte.

LUNCH MENU

All meals served with 1/2 cup fruit & 8 oz unflavored low-fat, fat-free, or flavored milk

Monday

Tuesday

Wednesday

Thursday

Friday

4

Salisbury Steak (186)
Mashed Potatoes
w/Gravy (145)
Hot Roll (90)
Banana (45)

5

National Nacho Day!
Walking Nachos (265)
Refried Beans (110)
Cheese/ Lettuce (84)
Spiced Warm Apples (70)

6

Hot Ham and Cheese
Sandwiches (270)
Carrots w/Ranch (41)
Grapes (31)

7

NEW ITEM!!!!
Grilled Cheese Tomato
Soup (250)
Martian Fingers (190)
Spiderweb Surprise (330)

1

11

Street Tacos (299)
Cheese/ Lettuce (84)
Refried Beans (110)
Diced Pears (60)

12

Chicken Patty
w/WG Bun (281)
Fries (57)
Grapes (31)

13

National Pickle Day!
Cheeseburger
w/ WG Bun (265)
Fries (87)
Orange (45)

14

Tomato Soup (105)
Grilled Cheese
Sandwich (130)
Mixed Fruit (60)

15

Pirate Academy Day!

Peanut Butter & Jelly (300)
Doritos (150)
Cheese Stick (110)
Apple (95)

18

Walking Tacos (265)
Cheese/ Lettuce (84)
Corn (70)
Mandarin Orange (24)

19

Chili w/ Crackers (107)
Cheese Stick (110)
Celery w/ Ranch (76)
Banana (45)

20

HOLIDAY MEAL!!!
Pork Roast (170)
Mashed Potatoes
w/Gravy (145)
Roll (90)
Mini Apple Turnover (120)

21

Loaded Taco
Baked Potato Bar
w/ Cheese (271)
Carrots (70)
Banana (45)

22

Chicken Patty (281)
Mashed Potatoes
w/Gravy (145)
Green Beans (20)
Roll (90)

25

National Cake Day!
PBJ (300)
Chips (140)
Cheese stick (110)
Apple Slices (100)
Carrot Sticks w/Ranch (41)
Mini Cupcake (125)

26

**NO SCHOOL
THANKSGIVING BREAK**

27

**NO SCHOOL
THANKSGIVING BREAK**

28

**NO SCHOOL
THANKSGIVING BREAK**

29