

# FREE



**Breakfast – 7:45-8:15**

**Lunch – 11:00-12:00**

**at**

**Chamois School Cafeteria**

**Curbside Pickup Only!**

***Available to anyone 18 and under***

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (566) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.

## **Student Breakfast & Lunch**

Breakfast is available every morning. Students have a choice between the breakfast entrée of the day or cereal, along with juice, fruit, milk, or other items as available.

During lunch, students will have the choice of the main entrée, salad, or various sandwiches (PBJ, ham, or turkey) will be available for grades 3-12. Extra ala carte items such as sandwiches, milk, and snack items will be available for purchase during lunch for grades 3-12. Students with overdrawn accounts will not be able to charge ala carte items to their account.

### **Food Service Account**

The same account will be used for your child's lunch, breakfast, and extra ala carte items. Deposits can be made weekly, monthly, or what is most convenient for you. **Below are the meal prices for 2021-2022 school year:**

Category	Daily	Weekly	Monthly (20 days)
Student Lunch	\$2.55	\$12.75	\$51.00
Reduced Price Lunch	\$0.40	\$ 2.00	\$ 8.00
Student Breakfast	\$1.30	\$ 6.50	\$26.00
Reduced Price Breakfast	\$0.30	\$ 1.50	\$ 6.00
Extra Milk & Milk Break	\$0.30	\$ 1.50	\$ 6.00

### **Overdrawn Food Service Account**

Students are limited in the amount that can be overdrawn in their food service account to \$6.00 for free or reduced students and \$20.00 for all other students. **A Notification Letter is sent home WEEKLY with your student if your balance is below \$2.00.** After being notified and your students account is still overdrawn, an alternate reimbursable "sack" meal will be provided and charged to your students account. To monitor your students lunch account activity, the school offers an app for your SmartPhone called "My Chalkable Café". Download the app and register your student at "My Chalkable Café" using district code C6218 (*see Chalkable Café letter for complete instructions*).

Parents/guardians of students with negative balances will be contacted electronically, by correspondence, and/or a phone call from the District Accounting Office, or the Food Service Department.

Annually, 10 days prior to the last day of the school year, all charging will be cut off.

- Parents/guardians will be sent a written request for "payment in full."
- All charges not paid before the end of the school year will be carried forward into the next school year.
- Graduating seniors must pay all charges in full. Failure to do so may result in the delinquent student being denied participation in graduation ceremonies.

If a financial hardship is suspected, families will be encouraged to apply for free/reduced meals at any time during the school year.

Lunch cards will be passed out the first day of school or during registration. If your student did not turn in a lunch card last year, a new one will be issued with the replacement fee of \$1.00. Lost lunch cards can also be replaced at the cost of \$1.00.

### **Kindergarten Milk Break**

Kindergarten will have milk break each afternoon. The cost is \$0.30 (subject to change) per carton and can be deducted from the lunch account. **Milk break is not part of the free and reduced meal benefit plan and students who qualify for free or reduced meals are, therefore, responsible for the cost of milk break.** If you do not want your child to participate in this, please let his/her teacher know at the beginning of school.

Please return Free and Reduced Applications as soon as possible. Eligibility cannot be determined until application is received. Free and reduced breakfast/lunch applications can be obtained in the High School Principal's office throughout the school year. If your income changes, keep this cost saving option in mind. All applications are kept confidential.

As always, if you have any questions about the breakfast/lunch program, please call the office.

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: [http://www.ascr.usda.gov/complaint\\_filing\\_cust.html](http://www.ascr.usda.gov/complaint_filing_cust.html), and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

- (1) mail U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.