






October 2022

Monday	Tuesday	Wednesday	Thursday	Friday
3 WG Pop Tart (210) ----- Chicken Patty/WG Bun (281) Carrots (54) Peaches (60)	4 Breakfast Pizza (218) ----- Walking Taco (265) Lettuce/Cheese (84) Refried Beans (40) Apple (95)	5 Oatmeal w/Raisins (129) ----- Spaghetti w/meat sauce (240) Salad w/Ranch (100) Garlic Bread (105) Orange (45)	6 Biscuit & Gravy (273) ----- K-6 Hot Dog/WG Bun (170) Green Beans (20) Sliced Apples (50) 7-12 Baked Potato Bar	7 Pancakes & Sausage (134/82) ----- Meatloaf (195) Mashed Potatoes/gravy (145) Dinner Roll (202) Banana (105)
10  NO SCHOOL	11 Breakfast Pizza (218) ----- Crispito w/cheese (200) Texas Pintos (145) Strawberries (24)	12 Oatmeal & Raisins (129) ----- Popcorn Chicken (230) Peas (59) Apple (95)	13 Biscuit & Gravy (273) ----- Cheeseburger/WG Bun (265) Fries (110) Orange (45)	14 Pancakes & Sausage (134/82) ----- Chili w/ Cheese Stick (107/110) Celery (6) Banana (105) Crackers (80)
17 WG Pop Tart (210) ----- Corn Dog (180) Mozzarella Stick (220) Pears (60) National	18 Breakfast Pizza (218) ----- K-6 Chicken Quesadilla (200) Spanish Rice (69) Tropical Fruit (60) 7-12 NEW ITEM Garlic Buffalo Parmesan Chicken Quesadilla (220) School	19 Oatmeal & Raisins (129) ----- Chicken Patty/WG Bun (281) Cauliflower w/Cheese (111) Grapes (31) Lunch	20 Biscuit & Gravy (273) ----- Scrambled Egg (123) Sausage (82) Biscuit (190) Banana (105) Week	21 Pancakes & Sausage (134/82) ----- Lasagna (269) Green Beans (20) Garlic Bread (105) Peaches (60)
24 WG Pop Tart (210) ----- Chili Dog on Bun (290) Corn (60) Fresh Fruit (105)	25 Breakfast Pizza (218) ----- Super Nachos (156) Texas Pintos (145) Orange (45) 	26 Oatmeal & Raisins (129) ----- Chicken Nuggets (281) Mashed Potatoes/gravy (10/35) Peaches (60)	27 Biscuit & Gravy (273) ----- PB&J (300) Cheese Stick (110) Broccoli/Ranch (101) Apple (95)	28 NO SCHOOL 
31 WG Pop Tart (210) ----- Cheeseburger/WG Bun (285) Tater Gem (180) Peaches (60)		 Cereal and juice/fruit served every morning for breakfast	Menu subject to change without notice! All meals served with FF or Skim milk! Chef Salad (7-12), PBJ, Ham, or Turkey sandwiches available Monday - Thursday as an alternate to the main entrée. These sandwiches can also be purchased a la carte	

"This institution is an equal opportunity provider."